Canberra Information Year 5/6
27th/28th/29th August 2014

Staff
Staff supervising students on the excursion are Mrs Dunn and Mrs Hird from Nords Wharf.

Departure
We will be leaving the school at 5:50am, children will need to arrive by 5.45am.

Payment
Please ensure final payments are made by the due date – Friday 22nd of August.

Spending Money
There will be some opportunities for shopping however spending money should be kept to a reasonable amount. The children will be responsible for looking after their own money.

Valuables
Students may bring iPods or DS, PSP games etc for the bus trip clearly labelled and their responsibility. At lights out each night, these will be collected and returned in the morning. If they have a camera, please bring it along. Disposable cameras are ideal for school excursions. No mobile phones are permitted on camp.

Accommodation
We are staying at Camp Cottermouth, which is about 20 minutes from the centre of Canberra. Students will be staying in air-conditioned cabins each with 2 rooms (housing 4 of 5 per room) and a bathroom. Doonas are provided for each child and I am assured that the cabins are warm and ‘cosy’ however, we would recommend all children to bring with them a sleeping bag and towel. We are still waiting on cabin numbers from the Camp in order to finalise room allocations.

Cottermouth STROMOL, ACT. Ph. 02 62883270. Please don’t call the hotel unless there is an absolute emergency.

Friday Afternoon Meal/Snack
As we are having an early lunch on the Friday (11.30 am) we will be stopping on the way home for a meal/comfort break (probably at McDonalds) as we are not due home until 5.00 pm. The children’s snack cost is not included in levy, an envelope with the students name and $10 enclosed is to be handed to the Mrs Dunn on Tuesday prior to departure.
What to wear
Many of the places we visit are centrally heated and the coach is air-conditioned, but it can get very chilly outside particularly early in the morning. For this reason it is sensible for the children to wear layers of clothing which can be removed or replaced as needed. A windproof jacket, beanie and gloves are suggested.

Neat casual clothes may be worn on Wednesday and Friday - NO offensive words/pictures or advertising please. Thursday students must be dressed in full school uniform as we will be visiting Parliament House, Old Parliament House and The War Memorial.

What to Bring (a very small bag for on the bus)
- Hat
- Drink bottle (water only)
- Morning tea and lunch for Wednesday (Day 1)
- Healthy Snacks
- Wallet with spending money
- Raincoat or travel poncho (just in case!!)
- Camera (optional)
- Games/books for the bus trip.
- Medications (if required – paracetomol/travel sick/asthma etc) - hand to Mrs Mrs Dunn prior to boarding the bus. These must be clearly labelled with students name and dosage required.

What to pack (overnight bag to go under the bus)
- Full school uniform including school shoes and the school hat (Thursday)
- Sleeping bag
- Towel
- Warm clothes, tops, jeans/pants.
- Insulated water proof jacket with hood.
- Joggers
- Comfortable shoes (in case joggers get wet)
- PJs
- Tidy and sun safe clothes to last two days. Please also pack a spare change of clothes and students may get dirty.
- Don’t forget essentials such as underwear and socks.
- Toiletries including sunscreen, deodorant, toothbrush, toothpaste, shampoo, conditioner, soap.
- Small soft toy to cuddle at night (compulsory)
- Plastic Bag for dirty clothes x 2
Please ensure all belongings are clearly labelled and leave anything valuable at home. All belongings will be the responsibility of students.

Special Health Problems
If your child suffers from travel sickness, please ensure that medication or other remedies are provided. Please ensure the medical forms are returned by August 16. Any medication needs to be labelled clearly and given to Mrs Dunn prior to departure.

Behaviour Standards
Parents are asked to support the School in our expectations for acceptable behaviour. Sometimes in their excitement, some children exhibit inappropriate behaviour. This will be dealt with on the excursion by Mrs Dunn however if behaviour exceeds appropriate expectations then parents will be responsible for collecting students from Canberra at their own expense. I am confident that this won’t be an issue.

Excursion Contact
Mrs Dunn’s mobile number is 0416 099 386. I am more than happy to let you know how your child is going but I’d prefer if parents did not speak to students whilst away as this often leads to students starting to miss home especially when they are tired from the days events. Please feel free to send me a text at anytime just to ease your mind.

If you have any further questions, please contact the school on (02) 49711543.
Excursion Medical Information

Students Given Names __________________________________________________
Surname __________________________________________________________________
Address: ____________________________________________________________________
State: ________ Postcode: ________
Phone: (home) ______________ (work) _____________ (mobile) ____________

Parent/Guardian Name in full (block letters)
________________________________________________________________________________
Contact Number
________________________________________________________________________________

Emergency Contact Details (other than above)
Name
________________________________________________________________________________
Contact Number
________________________________________________________________________________

Medical Information
1. Does your child suffer from any medical condition (asthma, diabetes, epilepsy, etc.)? Please note any details of the medical management program that the teacher may need to be aware.
2. ____________________________________________________________________________
________________________________________________________________________________

3. Give details of any medication your child is currently taking together with the dispensing routine. Medication brought on excursion should have your child’s name, dosage and dosage times clearly marked. Only medication in the child’s name will be administered.
________________________________________________________________________________
________________________________________________________________________________
4. Give details of any allergy your child has to common foods, plants, insect bites, medications (e.g. penicillin) etc.

5. __________________________________________________________________________________________
   _______________________________________________________________________________________

6. In what year was your child immunised against tetanus?
   _______________________________________________________________________________________

7. Medicare No. _______________________________

8. Expiry Date ________________________________

   Private Health Fund ______________________
   No. _______________________________________

9. Special Diet – If your child has any special dietary requirements, please indicate.
   _______________________________________________________________________________________

   ________________________________

Administration of pain killer/travel sickness medication

I give permission for panadol/nurofen/travel sickness medication (please circle) other ______________ to be administered if necessary and according to the medication's instructions by Mrs Dunn.

Childs name: ______________________________________________

Parent/Guardian signature ________________